


April 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Easter Brunch 10:00am and 12:30pm 	2 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	3 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt	4 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	5 8:30am Indoor Cycle 9:00am Ladies' Rules Clinic 10:00am Ladies' Day SG 10:00am Indoor Cycle 4:15pm TRX	6 10:00am Men's Game SG 11:00am Stretch 'n Roll	7 9:00am Yoga 101 9:00am Tee Times NCGA Net Four Ball Qualifier
8	9 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	10 8:30am Hike: Avery's Pond 1:00pm Indoor Cycling 5:30pm Cycle Sculpt	11 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	12 8:30am Indoor Cycle 10:00am Ladies' Day SG 10:00am Indoor Cycle 4:15pm TRX	13 10:00am Men's Game SG 11:00am Stretch 'n Roll	14 9:00am Cycle Sculpt 5:00pm Testarossa Dinner
15	16 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine Golf Course Closing at 11:30am for Spring Aerification 5:45pm Indoor Cycle	17 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt Golf Course Closed for Spring Aerification	18 9:00am Circuit Blast 4:00pm Yin Yang Yoga Golf Course Closed for Spring Aerification	19 8:30am Indoor Cycle 10:00am Indoor Cycle 10:00 am Ladies' Day SG 4:15pm TRX	20 10:00am Men's Game SG 11:00am Stretch 'n Roll	21 9:00am Yoga 101
22	23 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	24 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt	25 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	26 8:30am Indoor Cycle 9:00am Ladies Rules Clinic 10:00am Ladies' Day SG 10:00am Indoor Cycle 4:15pm TRX	27 10:00am Men's Game SG 11:00am Stretch 'n Roll	28 NO 9:00am Cycle Sculpt 9:30am Spring Member Scramble SG
29	30 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle 7:00pm Guest Speaker: Civil War Scholar					

Classes are complimentary with WCC membership. ForeTees registration requested for: Indoor Cycling, Cycle Sculpt, TRX, Hikes, and F & B Events Listed

