

February 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 WCC Olympics Begins! Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	2 Mens' Game 10am SG 11:00am Stretch 'n Roll	3 9:00am Yoga 101
4	5 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	6 8:30am Hike: American River Pkwy/Folsom 1:00pm Indoor Cycling 5:30pm Cycle Sculpt GOLF COURSE CLOSED	7 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	8 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	9 Mens' Game 10am SG 11:00am Stretch 'n Roll	10 9:00am Cycle Sculpt
11	12 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle 7:00pm Guest Speaker: Personal Safety	13 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt GOLF COURSE CLOSED	14 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga 5:30pm Valentine's Day Dinner	15 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	16 Mens' Game 10am SG 11:00am Stretch 'n Roll	17 9:00am Yoga 101
18	19 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle 6:00-8:00pm CPR/First Aid/AED Certification	20 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt GOLF COURSE CLOSED	21 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	22 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	23 Mens' Game 10am SG 11:00am Stretch 'n Roll	24 9:00am Cycle Sculpt
25	26 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	27 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt GOLF COURSE CLOSED	28 WCC Olympics Ends! Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	Classes are complimentary with WCC membership. ForeTees registration requested for: Indoor Cycling, Cycle Sculpt, TRX, Hikes, and F & B Events		