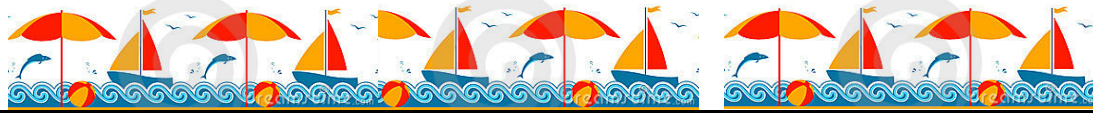


June 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:00am SG Men's Game 11:00am Stretch 'n Roll	2 9:00am Yoga 101
3	4 9:00am Water Aerobics 10:30am 9 'n Dine 5:45pm Indoor Cycling	5 8:30am Hike: Lime Kiln Trail 1:00pm Indoor Cycling 5:30pm Cycle Sculpt	6 Member Tee Game Blue Tee Game 9:00am Water Aerobics 4:00pm Yin Yang Yoga	7 RESTAURANT CLOSED SUGAR PINE CLASSIC DAY 1 8:30am Indoor Cycling 10:00am Indoor Cycling 4:15pm TRX	8 RESTAURANT CLOSED SUGAR PINE CLASSIC DAY 2 10:00am SG Men's Game 11:00am Stretch 'n Roll	9 9:00am Cycle Sculpt
10	11 9:00am Water Aerobics 10:30am 9 'n Dine 5:45pm Indoor Cycling 7:00pm Guest Speaker: MV Veterinary Clinic	12 8:30am Indoor Cycling 10:00am Indoor Cycling 5:30pm Cycle Sculpt	13 Member Tee Game Blue Tee Game 9:00am Water Aerobics 4:00pm Yin Yang Yoga	14 8:30am SG WOWGG 8:30am Indoor Cycle 10:00am Indoor Cycle NO 4:15pm TRX	15 10:00am SG Men's Game 11:00am Stretch 'n Roll	16 9:00am Yoga 101
17 9:00am - 2:00pm Father's Day Brunch	18 NO Fitness Classes Today 10:30am 9 'n Dine 1:30pm Junior Golf	19 NO 8:30am Indoor Cycling 10:00am Indoor Cycling 5:30pm Cycle Sculpt	20 Member Tee Game Blue Tee Game 9:00am Water Aerobics 4:00pm Yin Yang Yoga	21 RESTAURANT OPEN LUNCH ONLY FOX HUNT PRACTICE RD 8:30am Indoor Cycling 10:00am Indoor Cycling 4:15pm TRX	22 RESTAURANT CLOSED FOX HUNT DAY 1 11:00am Stretch 'n Roll	23 RESTAURANT CLOSED FOX HUNT DAY 2 9:00am Cycle Sculpt
24	25 9:00am Water Aerobics 10:30am 9 'n Dine 5:45pm Indoor Cycling	26 8:30am Indoor Cycling 10:00am Indoor Cycling 5:30pm Cycle Sculpt	27 Member Tee Game Blue Tee Game 9:00am Water Aerobics 4:00pm Yin Yang Yoga	28 8:30am SG WOWGG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	29 10:00am SG Men's Game 11:00am Stretch 'n Roll	30 9:00am Cycle Sculpt

Classes are complimentary with WCC membership. ForeTees registration requested for: Indoor Cycling, Cycle Sculpt, TRX, Hikes, and F & B Events listed

