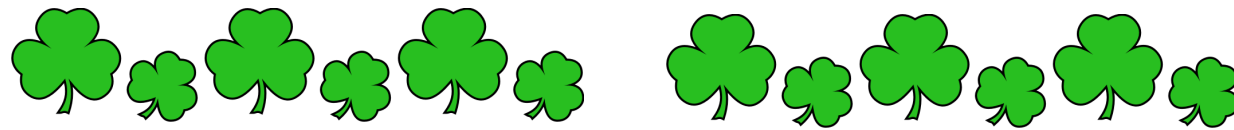



March 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX 5:30PM WCC Olympics Raffle	2 Mens' Game 10am SG 11:00am Stretch 'n Roll	3 NO 9:00am Yoga 101 5:00pm High West Whiskey Dinner
4 Daylight Savings Time begins	5 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	6 8:30am Hike: Applegate Trail 1:00pm Indoor Cycling 5:30pm Cycle Sculpt	7 Member Tee Game Blue Tee Game 9:00am Circuit Blast NO 4:00pm Yin Yang Yoga	8 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	9 Mens' Game 10am SG 11:00am Stretch 'n Roll	10 9:00am Cycle Sculpt
11	12 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle 7:00pm Guest Speaker: Travel Trends	13 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt	14 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	15 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	16  Mens' Game 10am SG 11:00am Stretch 'n Roll	17 9:00am Yoga 101 St. 5:00pm Patrick's Day Dinner
18	19 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	20 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt	21 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	22 Ladies' Day 8:30am Indoor Cycle 10:00am Indoor Cycle NO 4:15pm TRX	23 Mens' Game 11:00am Stretch 'n Roll	24 9:00am Cycle Sculpt
25	26 9:00am Circuit Blast 10:30am Ladies' 9 'n Dine 5:45pm Indoor Cycle	27 8:30am Indoor Cycle 10:00am Indoor Cycle 5:30pm Cycle Sculpt	28 Member Tee Game Blue Tee Game 9:00am Circuit Blast 4:00pm Yin Yang Yoga	29 Ladies' Day 10am SG 8:30am Indoor Cycle 10:00am Indoor Cycle 4:15pm TRX	30 Mens' Game 10am SG NO 11:00am Stretch 'n Roll	31 9:00am Cycle Sculpt

Classes are complimentary with WCC membership. Registration on ForeTees requested: Indoor Cycling, Cycle Sculpt, TRX, Hikes, F & B Events Listed.